

THE VIEW FROM MOUNTAIN VISTA



Mountain Vista Retirement Residence Newsletter

August 2017



**“Robert, it’s time for you
to herd sheep!”**

Bob began his life on February 17, 1920 on a Wyoming prairie through the labor of love of his mother and the assistance of his father and a midwife. This story line repeated itself nine times, as Bob is one of nine children in his Hildrebrand family. One of his siblings died at birth. After losing a brother last month, he and his sister, Rosalie of Valea, California (near LA), are the last two survivors.

The closest town was called Carey Hurst. It no longer exists. The two main buildings, a post office and general store, burned down and were never rebuilt.

One of his youngest memories is his first day of school. His mother made him a “brand new pink lunch box” for his sandwich made of eggs and cheese. It was a one room rural school house, with one teacher for eight grades of students —“She had her hands full!”

Another life path memory was his eighth grade graduation when his Dad, who was a sheep man, said, “Robert, it’s time for you to herd sheep!” Bob remembers thinking, “Out in the sheep wagon all by myself?” His mother made sure he would not go hungry by teaching him the recipe process for skillet cornbread until he had it memorized.

His new teachers were now mother nature and his stock animals he was in charge of. The actions of the sheep, cows, and horses taught him about the weather. He also learned of the sailor’s warning and delight with each sunset and sunrise. **(Continued on page 2)**

In This Issue

- Welcome Bob Hildebrand
- August Calendar
- What is a Total Solar Eclipse
- What will I see during the 8/21/2017 Total Eclipse
- Eclipse Locations & Duration

(Continued from pg. 1) Because of Bob's desire to respond to his dad's instructions, he did not get lonely or scared while on his own tending the sheep. His mother was also an influence for his perseverance because she told him he was going to make mistakes, and that is okay because mistakes are just as much a part of our learning process as successes are.

Bob clearly recalls other influences for his life direction from his mother. She would always remind him that, "only God can build a tree." Also, while helping with some household chores, he was dusting and his mother saw him lay something over their bible in the process. She told him to never cover up that book. So, he had to figure up the meaning of these two things. This led him to pursuing studies on the instructions God gave to the universe. At age ten he started attending community meetings in Orphea, Wyoming (about 8 miles from Douglas). In a relatively short time, he had received enough knowledge and understanding that he was given his own bible, which he still has today.

In high school he excelled in judging stock in FFA (Future Farmers of America) and won trips to national judging contests. He believes a big part of this was due to his dad giving him 100 head of sheep for his FFA project. He also increased the quality and value of his wool and lambs by building a 24 ft. x 30 ft. lambing shelter to protect them from the spring storms so that they could be birthed about two weeks earlier than his dad's stock. He built it from hauling discarded 8 in. x 8 in. railroad ties. He had to make several difficult trips to accomplish this.

When he graduated from high school he and his parents were on an afternoon drive together and his mom said, "It's time for Bob to manage the ranch." Bob recalls that both his dad and he were taken by surprise with this comment and remained quiet. Bob thought his dad was not ready for this so he promptly found work haying and stomping wool for shipping for his uncles.

About four years later, a "real good looking young lady," named Isla who was a freshman when Bob graduated asked him to attend her graduation. Isla ended up becoming his wife in June of 1942. They had two boys and two girls together. She died when she was 30 years old, due to liver failure as a result of having hepatitis when she was nine years old. About a year later, he met Marian who had two girls and a boy. They married in 1946 and became a blended family of nine. Bob and Marian were married 52 years until she passed away.

Bob did not leave Wyoming until "Uncle Sam called him into service" in October of 1942. He went to boot camp in California and Denver, Colorado. Then he joined the 5th Air Force in Orlando, Florida. He was part of a "bomb and strafe squad" that experimented with cluster bombs. After a bomb jammed, the experiment at that time was scrapped. He was in the service three years and two months.

He then took advantage of the GI Bill and worked at a Chevrolet dealership where he was trained in auto mechanics, and became an expert with automatic transmissions. He stayed with this dealership for 30 years and then transferred to SKI where he worked on hauling trucks for coal and uranium. Two years later he worked for Tri-state Tractor and then retired in his mid 60's. All the while he continued studying scripture, so in retirement he became a preacher and started the Church of Christ in 1952 in Glenrock, Wyoming. He also did mission work in India that has led to life-long relationships in which he is able to stay in contact through Facebook and email.

In 1960 he was part of the first gathering of a nine member Casper city council who worked to get the city out of a million dollar debt. In 1967 he became the mayor and hired the first City Manager. This governing system had to be voted on every four years—and is still in effect today. The council overcame the debt through a one cent sales tax and by council Members declining a salary. They were forced to take some form of salary, so they each accepted ten dollars at Christmas.

We welcome the wisdom and grace that Bob brings to Mountain Vista!

MOUNTAIN VISTA

AUGUST 2017

“Don't believe everything you hear: Real eyes realize real lies.”
~ Tupac Shakur

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Chit-Chat 8:30 am	2	3 Chit-Chat 8:30 am	4	5 Game Night 6:30 p.m.
6	7 Coffee Klatch 10:00 am	8 Chit-Chat 8:30 am Ad Council 9:00 am	9 Wednesday in Motion 10:00 am	10 Wellness Clinic 8:30-9:30	11	12  Helen's Birthday Game Night 6:30 p.m.
13 Movie Matinee 3:30 p.m. Living Waters	14 Coffee Klatch 10:00 am	15 Chit-Chat 8:30 am	16 Noon Luncheon	17 Chit-Chat 8:30 am  JoAnn's Birthday	18	19  Dr. Bevan Rounds Start 1:00 pm
20	21 The Eclipse at Coffee Klatch 10:00 am	22 Chit-Chat 8:30 am	23 Wednesday in Motion 10:00 am	24 Chit-Chat 8:30 am	25	26  Game Night 6:30 p.m.
27	28 Coffee Klatch 10:00 am	29 Chit-Chat 8:30 am	30	31 Chit-Chat 8:30 am		

What is a total solar eclipse?

A total solar eclipse occurs when the disk of the moon appears to **completely** cover the disk of the sun in the sky. The fact that total solar eclipses occur at all is a quirk of cosmic geometry. The moon orbits an average of 239,000 miles (385,000 kilometers) from Earth — just the right distance to seem the same size in the sky as the much-larger sun. However, the sun and moon line up only about once every 18 months.

Outside the path of totality, sky-watchers in the continental U.S. and other nearby areas will see a partial solar eclipse in which the moon appears to take a bite out of the sun's disk. Two to five solar eclipses occur each year on average, but total solar eclipses happen just once every 18 months or so.



What will I see during the August 21, 2017 total solar eclipse?

During a total solar eclipse, the disk of the moon blocks out the last sliver of light from the sun, and the sun's outer atmosphere, the corona becomes visible. The corona is far from an indistinct haze; sky-watchers report seeing great jets and ribbons of light, twisting and curling out into the sky.

"It brings people to tears," Rick Fienberg, a spokesperson for the American Astronomical Society (AAS), told Space.com of the experience. "It makes people's jaw drop."

During totality, the area inside the moon's shadow is cloaked in twilight — a very strange feeling to experience in the middle of the day. Just before and just after totality, observers can see this cloak of darkness moving toward them across the landscape, and then moving away.

These effects are not visible during a partial solar eclipse, so sky-watchers are encouraged to see if they are inside the path of totality during the total eclipse.

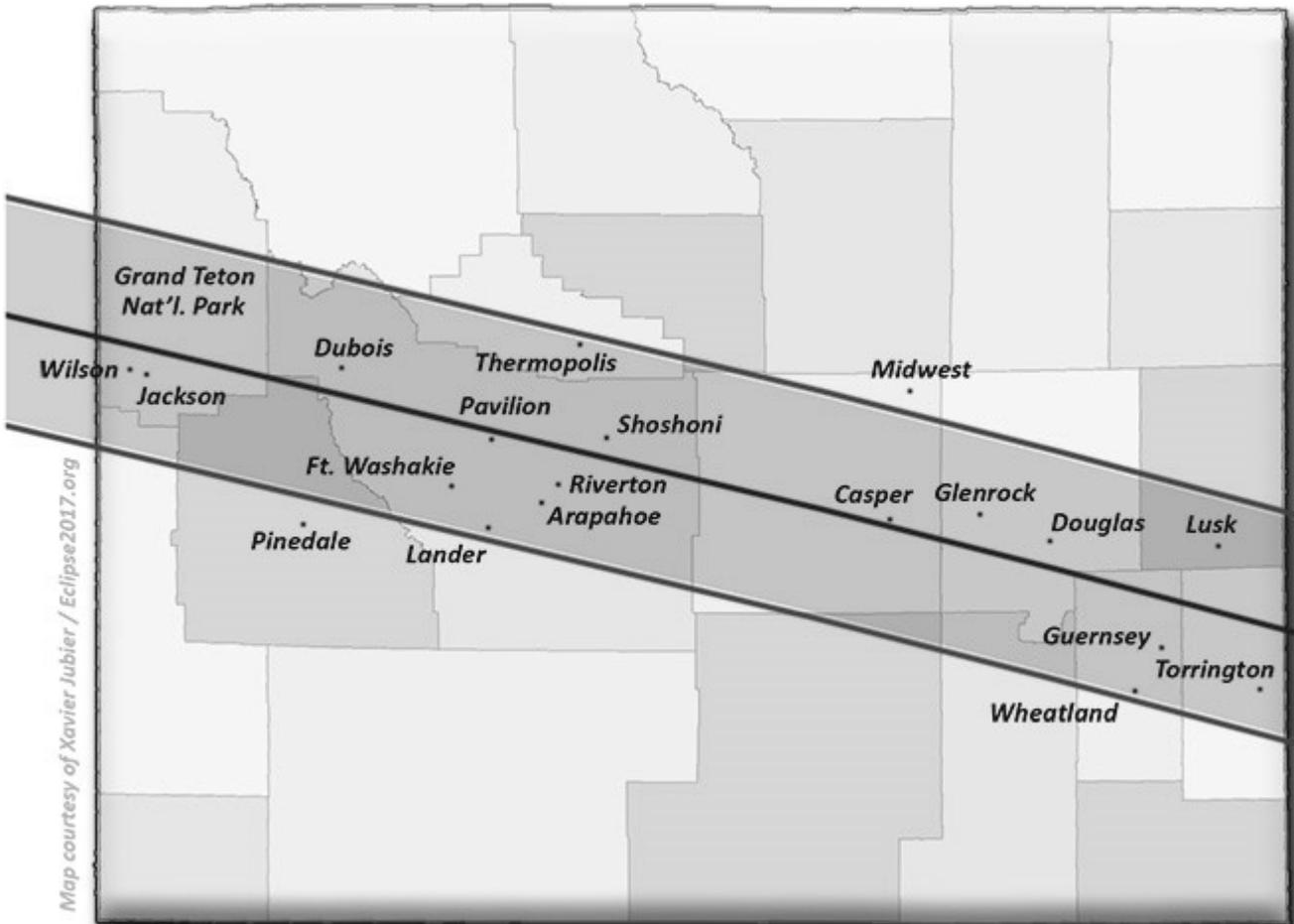
From what locations will the total solar eclipse be visible?

The path of totality for the August 21, 2017, total solar eclipse is about 70 miles wide and stretches from Oregon to South Carolina. It passes through Idaho, Wyoming, Nebraska, Kansas, Missouri, Illinois, Kentucky, Tennessee, Georgia, North Carolina and South Carolina. A map of the Wyoming path is on the next page.

When will the total solar eclipse occur, and how long will it last?

The whole eclipse will take almost three hours from beginning to end. The timing of the total solar eclipse and its duration both depend on where you are inside the path of totality. At most, the disk of the moon will appear to completely cover the disk of the sun for 2 minutes and 40 seconds—**totality**. The following is a list of about how long totality will last for Fremont County observers along the center of the path of totality. As you move toward the edge of the path, the duration of totality decreases. People at the very edge of the path may observe totality for only a few seconds.

Fremont County	Eclipse Begins	Totality Begins	Totality Duration
Lander	10:18:59 a.m.	11:39:00 a.m.	1 minute 7 seconds
Hudson	10:19:13 a.m.	11:38:56 a.m.	1 minute 45 seconds
Riverton	10:19:33 a.m.	11:39:03 a.m.	2 minutes 3 seconds
Arapaho	10:19:22 a.m.	11:38:58 a.m.	2 minutes 1 second
Boysen	10:20:22 a.m.	11:39:30 a.m.	2 minutes 1 second
Crowheart	10:18:37 a.m.	11:37:33 a.m.	2 minutes 22 seconds
Ethete	10:19:10 a.m.	11:38:27 a.m.	2 minutes 3 seconds
Ft. Washakie	10:18:52 a.m.	11:38:19 a.m.	1 minute 55 seconds
Pavilion	10:19:15 a.m.	11:38:25 a.m.	2 minutes 23 seconds
Shoshone	10:20:01 a.m.	11:39:27 a.m.	2 minutes 22 seconds





LANDER COMMUNITY FOUNDATION

**Open to All Seniors —
The Wellness Clinic is back!**

Funded by Lander Community Foundation

Sponsored at **Mountain Vista
Retirement Residence**, 180 Chase Drive
Drop in Thursday, August 10, 2017
From 8:30 — 9:30 a.m.

Provided by Frontier Home Health

*Blood pressure & vital sign
screening with proactive
senior health education*



Contact Us

Give us a call or visit our website for more information about our independent living community and services for seniors .

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